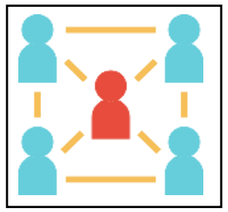
STEETON PRIMARY SCHOOL

P.S.H.R.E CURRICULUM



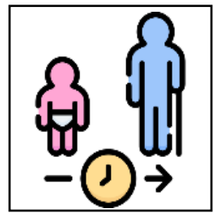
ME AND MY RELATIONSHIPS

VALUING DIFFERENCE

KEEPING MYSELF SAFE

RIGHTS AND RESPONSIBILITIES

BEING MY BEST



GROWING AND CHANGING

P.S.H.R.E CURRICULUM AT STEETON PRIMARY SCHOOL

INTENT

We provide a broad and balanced systematically planned PSHRE (personal, social, health and relationships) curriculum. It is now a statutory requirement for primary schools to deliver Relationships Education and Health Education.

We have designed our PSHRE curriculum based on the needs of the children at our school and have used SCARF (Coram Life Education) as the main resource tool for planning and teaching. SCARF covers all of the DfE's statutory requirements for Relationships Education and Health Education (See PSHE/RSE Policy). It also covers the learning opportunities within the PSHE Association's Programme of Study, therefore providing for elements such as the rights of the child, caring for the environment, economic education, and children's social, moral, spiritual and cultural (SMSC) education, including British Values, which are statutory requirements. Our PSHRE education, including statutory Relationships and Health education, provides a framework though which key skills, attributes and knowledge can be developed and applied. This promotes positive behaviour, good mental health and wellbeing, resilience and achievement, helping children to stay safe online, develop healthy and safe relationships, making sense of media messages, challenging extreme views and having the skills and attributes to negotiate and assert themselves now and in the future. We have chosen SCARF as our main PSHRE resource because the lessons build upon children's prior learning; we have assessed the content and feel that it is relevant and sensitive to the needs of our pupils. There is planned progression across the SCARF scheme of work, so that children are increasingly and appropriately challenged as they move up through the school.
Children are encouraged to engage in activities that promote an understanding of themselves as growing and changing individuals, and as members of a wider community, based on their own first-hand experiences. These activities also encourage pupils to understand how their choices and behaviours can affect others. They are encouraged to play and learn alongside - then collaboratively with - their peers. They may use their personal and social skills to develop or extend these activities. Children are also given the opportunity to make choices about their health and environment and are encouraged to develop a caring attitude towards others. Within National Curriculum Science in KSl, the children learn that animals, including humans, have offspring that grow into adults. They will be introduced to the concepts of reproduction and growth, but not how reproduction occurs. In UKS2, children are taught about the life cycles of humans and animals, including reproduction. They also learn about the changes that happen in humans from birth to old age. This includes learning what happens in puberty.

PSHRE has a high profile at Steeton Primary School, we are a caring, inclusive school, where children know that their thoughts and feelings matter and are valued. British Values are promoted at our school and are learnt specifically about in PSHRE lessons and in whole school assemblies throughout the year. It is our intent that children learn how to become valuable and fully rounded members of society. We want our children to treat all people with tolerance and respect regardless of their background.
The PSHRE curriculum is enriched with other initiatives throughout the school that are child led, such as: Year 6 and EYFS Buddies, Mental Health Check In (through YouHue), Kindness badges,, the Sunshine Room, assemblies and special curriculum days throughout the year (eg. Wear yourn SCARF to school day).

IMPLEMENTATION

PSHRE starts in the EYFS where we have selected the Early Learning Goals that link most closely to the PSHRE National Curriculum taught in the rest of the school: Personal, Social and Emotional Development: Self-Regulation ELG, Managing Self ELG and Building Relationships ELG.
In KSl and KS2 class teachers follow half termly units, which are found on the PSHRE whole school overview. Apart from the final 2 lessons in UKS2 all lessons are taught in mixed sex groupings. To ensure children feel comfortable to learn about a range of topics, we create a safe learning environment. Teachers teach a lesson using the lesson plan for the 'Core Lesson' from the SCARF resources, teachers should also look at the 'Linked Lesson' lesson plan and resources, which is from a previous year group and adapt their planning and teaching to the needs of the children in their class. Lesson plans list the specific learning objectives for each lesson and provide support for how to teach the lessons. British Values of mutual respect, democracy, the rule of law, individual liberty, and tolerance of others from different faiths and beliefs are intertwined and progressively taught at Steeton Primary School. These values are then reinforced in whole school assemblies. Once a year the educators from Coram Life Education visit us and all classes in school have a session delivered by them.

A broad and balanced curriculum has been designed. Teaching is based on a sequence of units of work, representing a progression of learning in the areas of study due the spiral nature of the curriculum.

PSHRE is taught by class teachers once a week in the first half of every term through our key concepts:

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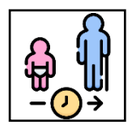

GROWING AND CHANGING

IMPACT

All children understand the importance of PSHRE and British Values and the effects it can have on life in and out of school (in line with age appropriate content). The skills and attributes developed through our PSHRE education are taught progressively, so each year children know more and remember more. By the time they leave for secondary school, our children have developed into healthy, valuable and fully rounded members of society. It helps them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Our PSHRE curriculum promotes respect for all and helps children understand that they have a voice which is important, but to be respectful and tolerant of others and ultimately be a member of our inclusive school and wider community.

Assessment is based on progress towards the end of key stage statements, outlined in the agreed syllabus. Teachers assess children's learning in every lesson and give feedback, support and challenge where appropriate. PSHRE is discussed in Phase and Leadership Curriculum Impact Meetings and parents are kept informed of their child's progress at parents' evenings, through school reports and work is celebrated through School Ping. Interventions for individuals may be a result of discussions.

STEETON PRIMARY SCHOOL P.S.H.R.E

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
EYFS Personal, Social and Emotional Development	New Beginnings See themselves as a valuable individual. What is special about me?	To learn how to build constructive and respectful relationships. Begin to develop friendships To understand the need to have rules To talk about how they are feeling and to consider others feelings.	Addressing social issues as soon as they appear Discuss emotions - anxious/worried, calm/peaceful. Gaining independence Being healthy- eating a range of foods.	Relationships What makes a good friend? Random acts of Kindness Looking after and caring for our planet	To be able to control their emotions using a range of techniques. To manage own basic needs independently To dress independently Self- motivated to learn	Changing me, look how far I've come! Discuss making the right decisions. Young citizens - Difficult decisions Discuss the importance of being healthy by exercising. Transition visits to new classes.

	AUTUMN 2	SPRING 2	SUMMER 2
YEAR A	'Me and My Relationships'	'Valuing Difference'	'Keeping Myself Safe'

	AUTUMN 2	SPRING 2	SUMMER 2
YEAR B	'Rights and Responsibilities'	'Being my Best	'Growing and Changing